



## Yard Sale Itinerary

### AV1-10 Alta Via 1 - 10-day Itinerary - Ultralight

From 16-Sep-26 to 25-Sep-26

Start Location: Lago di Braies

End Location: La Pissa Bus Stop

This itinerary is confirmed and must be accepted as is. Specific itinerary details, such as daily start and end locations, as well as booked accommodations, are released only to booked customers. If you want to confirm whether or not a specific accommodation is included, please reach out to our team at [bookings@alpenventuresUNGUIDED.com](mailto:bookings@alpenventuresUNGUIDED.com).

## What's Included

### Accommodation Summary

9 nights Hut

### Room Type Summary

9 nights Dormitory

### Meals Included

1 Breakfast Only

8 Half-pension (Dinner & Breakfast)

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Day	Date	Description	Segment Comments	HD**	Distance		Est Time*	Elevation Gain		Elevation Loss	
					km.	mi.		m.	ft.	m.	ft.
1	16-Sep-26	Wed	Hut Hike	T3	6.4	4.0	2:55	894	2933	66	217
				T1	3.1	1.9	0:55	45	148	235	771
<b>Total</b>					<b>9.5</b>	<b>5.9</b>	<b>3:50</b>	<b>939</b>	<b>3081</b>	<b>301</b>	<b>988</b>

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					km.	mi.		m.	ft.	m.	ft.
2	17-Sep-26	Thu	Hut Hike	T2	2.4	1.5	0:43	5	16	167	548
			Hut Hike	T2	2.7	1.7	0:54	24	79	440	1444
			Hut Hike	T2	5.6	3.5	2:06	545	1788	49	161
				<b>Total</b>	<b>10.7</b>	<b>6.6</b>	<b>3:43</b>	<b>574</b>	<b>1883</b>	<b>656</b>	<b>2152</b>
3	18-Sep-26	Fri	Hut Hike	T2	12.7	7.9	5:00	1053	3455	415	1362
							<b>Total</b>	<b>12.7</b>	<b>7.9</b>	<b>5:00</b>	<b>1053</b>
4	19-Sep-26	Sat	Hut Hike	T2	3.0	1.9	1:10	0	0	572	1877
			Hut Hike	T2	3.6	2.2	1:25	340	1115	35	115
			Hut Hike	T2	1.3	0.8	0:25	14	46	173	568
				<b>Total</b>	<b>7.9</b>	<b>4.9</b>	<b>3:00</b>	<b>354</b>	<b>1161</b>	<b>780</b>	<b>2559</b>
5	20-Sep-26	Sun	Hut Hike	T2	1.2	0.7	0:23	27	89	137	449
			Hut Hike	T2	3.4	2.1	1:17	216	709	114	374
			Hut Hike	T2	10.1	6.3	3:27	371	1217	684	2244
				<b>Total</b>	<b>14.7</b>	<b>9.1</b>	<b>5:07</b>	<b>614</b>	<b>2014</b>	<b>935</b>	<b>3068</b>
6	21-Sep-26	Mon	Hut Hike	T2	3.2	2.0	1:05	111	364	252	827
			Hut Hike	T2	6.6	4.1	2:27	522	1713	176	577
				<b>Total</b>	<b>9.8</b>	<b>6.1</b>	<b>3:32</b>	<b>633</b>	<b>2077</b>	<b>428</b>	<b>1404</b>
7	22-Sep-26	Tue	Hut Hike	T2	8.6	5.3	3:01	352	1155	751	2464
							<b>Total</b>	<b>8.6</b>	<b>5.3</b>	<b>3:01</b>	<b>352</b>
8	23-Sep-26	Wed	Hut Hike	T2	8.7	5.4	3:50	959	3146	855	2805
			Hut Hike	T2	2.1	1.3	0:43	2	7	221	725
				<b>Total</b>	<b>10.8</b>	<b>6.7</b>	<b>4:33</b>	<b>961</b>	<b>3153</b>	<b>1076</b>	<b>3530</b>

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					km.	mi.		m.	ft.	m.	ft.	
9	24-Sep-26	Thu	Hut Hike		T2	10.3	6.4	3:47	536	1759	286	938
			Hut Hike	This segment is often found to be one of the more challenging stretches on the Alta Via 1.	T2	5.5	3.4	2:33	543	1781	751	2464
						<b>Total</b>	<b>15.8</b>	<b>9.8</b>	<b>6:20</b>	<b>1079</b>	<b>3540</b>	<b>1037</b>
10	25-Sep-26	Fri	Hut Hike		T2	4.8	3.0	2:04	318	1043	692	2270
			Hut Hike		T2	6.6	4.1	2:25	47	154	841	2759
						<b>Total</b>	<b>11.4</b>	<b>7.1</b>	<b>4:29</b>	<b>365</b>	<b>1198</b>	<b>1533</b>

### \*Estimated Time

Estimated time is based on the German Alpine Club's (DAV) pace measurement of 4.2 km. per hour and 400 m. elevation gain per hour. This measurement is designed for hikers who regularly hike in the Alps. If you are not used to hiking in this type of terrain, you can expect your time to be slower.

Time for stops is not included. Actual time will vary.

### \*\*HD Hiking Difficulty

\*\*HD is the technical difficulty rating for the segment, using the Hiking Difficulty scale introduced by the Swiss Alpine Club (SAC). The difficulty rating refers to the most technical spot on the segment, even if it is only a few meters long, and not necessarily to the entire segment.

[Read more about our difficulty ratings at www.alpenventuresUNGUIDED.com/difficultyratings](http://www.alpenventuresUNGUIDED.com/difficultyratings)

Friday, June 5, 2026