

ADVENTURE HAS NO LIMITS. YOUR FREE TIME DOES.

Let local experts plan and book your dream adventures in the Alps.



Recommended Packing List for Torres del Paine

All tours offered by Alpenventures UNGUIDED are self-guided, and we expect our customers to already have the experience and knowledge to appropriately pack for a safe experience in the Alps. This list includes our recommendations, but depending on the season and the technical difficulty level of the tour, it is not an exhaustive list. Please use this list only as a general packing guideline, and add additional items as is appropriate for you, and for the tour.

Food and Water:

- ☐ Adequate water supply and carrying capacity for your hydration needs (2+ liters per day)
- ☐ Optional: ½-liter Nalgene bottle or small water bottle to assist with refilling water from sinks
- ☐ Optional: Emergency water treatment tablets
- ☐ Snacks
- ☐ Small garbage bag (please do not leave your trash at the huts)

Depending on which meals are included in your tour:

- ☐ Lunches
- ☐ Dinners
- ☐ Breakfasts
- ☐ Pot, stove, and gas
- ☐ Dishes and utensils as necessary

Navigation and Safety (10 Essentials):

- ☐ Map
- ☐ Compass
- ☐ Optional: GPS or navigation app for your smart phone
- ☐ Fitted rain cover for your backpack (alternately, you can line your backpack with a garbage bag)
- ☐ Sun protection (sun block, sunglasses, and a hat)
- ☐ First aid kit
- ☐ Knife and repair kit
- ☐ Head lamp with extra batteries
- ☐ Fire starter
- ☐ Emergency shelter

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Clothing (avoid cotton clothing)

- ☐ Quality rain jacket/hard shell (no ponchos – it is too windy)
- ☐ Quality rain pants
- ☐ Warm jacket, such as a down or fleece jacket
- ☐ Warm hat
- ☐ Warm gloves (waterproof or wool)

Clothing can be a very personal decision, but these are our recommendations.

- ☐ 2 to 3 pair socks
- ☐ Underwear (we'll let you calculate out what you need)
- ☐ Shorts
- ☐ Long pants
- ☐ Baselayer (top and bottom)
- ☐ 2-shirts for hiking
- ☐ 1-comfortable shirt for sleeping and wearing in the hut
- ☐ Long-sleeved shirt
- ☐ Optional: Buff, or other tubular bandana, is one of our favorite trail essentials

Overnight

- ☐ Sleeping bag liner/travel sheet
- ☐ Camping pillow (if staying in tents – optional)
- ☐ Small, packable towel
- ☐ Soap or hand sanitizer
- ☐ Toilet Paper
- ☐ Ear plugs
- ☐ Shower shoes (lightweight flip flops)
- ☐ Deodorant
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Optional: shampoo
- ☐ Optional: tissues
- ☐ Other toiletries as desired (be conservative here)

Other

- ☐ Chilean pesos for snacks and drinks
- ☐ Passport
- ☐ Sturdy and waterproof hiking shoes
- ☐ Hiking poles
- ☐ Optional: power pack for charging electronics